

Newsletter # 6 – Friday 06 May 2022

26-32 Lockwood Road, Kangaroo Flat, Victoria 3555 E: bendigo.sds@education.vic.gov.au www.bendigosds.vic.edu.au T: (03)5447 3267 F: 5447 7286 Principal: Kirshy McAinch

Assistant Principal: Dehne Anstee
School Council President: Leah Thomas

f @bendiaospecialdevelopmentalschool

TERM DATES 2022

Term 2, 2022 Tuesday 26th April – Friday 24th June Term 3, 2022 Monday 11th July – Friday 16th September

IMPORTANT DATES

Sunday	08 May	Mother's Day
Thursday	12 May	 Parent to Parent Meeting 09.00 am at the Kangaroo Flat Library
Monday	13 June	Queen's Birthday – NO SCHOOL
Friday	17 June	Debutante Ball





















PRINCIPAL'S REPORT





\$8.874 MILLION REASONS TO SMILE CAPITAL WORKS PROGRAM

As a school community, we are overjoyed with the announcement today of \$8.87 million being allocated towards an upgrade of our school. We know that our incredible Teaching, Education Support and Allied Health staff currently provide the best teaching and learning programs for our students, however, this money will mean that we can now design and build 21st century facilities that will help us to further advance the learning opportunities for our students. We will be looking to include universal design principles across our new classroom facilities so that students of all abilities can access all learning spaces, and we are very excited about the prospect of having subject specific spaces such as a sports court, music and drama facilities and STEAM (Science Technology Engineering Arts Mathematics) spaces. We are so grateful to the 3193 people who signed our petition calling for the development of a Masterplan for our school and for the support of the wider community. Our vision as a school is to be a place of excellence in education, and this money will help us marry first class facilities with first class education programs.

MINISTER FOR EDUCATION VISIT

It was also wonderful for our school to be visited by the Minister for Education and Deputy Premier, The Hon. James Merlino last Thursday. The Minister was taken on a tour of our school by members of our senior school leadership accompanied by parents and members of our School Council and Maree Edwards, the Member for Bendigo West. Laura, one of our senior school leadership members, made sure

that the Minister was announced as he entered each room, as "The Education Guy" and he was very happy to meet and greet many students and staff. He talked to the staff about the barriers our current facilities create for our learning programs, and he asked the students what they would like in a new school. Some of the things that I heard being mentioned were bigger classrooms, a basketball court, water fountain taps and a cinema! I guess you never know if you don't ask. The Minister and Maree Edwards then met with myself and Dehne and the School Council President Leah Thomas, do discuss more specifically the aspects we would like to see addressed. It was humbling to hear the Minister praise our teachers, education support staff, students and parents alike for the overwhelmingly positive learning environment that our school is, that he believes will only be made better by the opportunity to redesign and build new facilities onsite here.

NEXT STEPS

The first step to prepare for the upgrade, we will complete an Asset Management Plan (AMP) over the next 4 weeks. The AMP is a long-term document that helps to plan for a school's future. The plan identifies, organises, and prioritises the building works required at a school – ensuring students have access to educational facilities that prepare them to thrive in the 21st century. This will help ensure our building plans support our educational direction and long-term vision for the school. We will be sharing updates on this and will be running some sessions to gather input from our teachers, staff, and school council as well as parents/carers and surrounding community. We will also involve our students to listen to their unique and very important perspective. For now, please see the QR code below and complete the short survey which will assist us with this process.





CORONAVIRUS UPDATE

Whilst the vast majority of restrictions have been removed, it is important to remember that the coronavirus is still circulating, and there are still exclusion periods in place for any staff member or student that tests positive. People who test positive must isolate for 7 days from the date of a positive test. Household contacts no longer need to isolate; however, they are required to wear a mask and record a negative daily test for the 7-day period. Please note that if your child is a household contact and cannot wear a mask, then they should not be attending school for the period of the positive case isolation, as the virus is still a threat to the vulnerable students at our school.

COLDS and FLUS

Please be aware that there are a number of cases of 'normal' colds and flus going around, and we expect the number of these to increase as the colder weather sets in. Even if a student tests negative for COVID, if they have symptoms of coughs or runny noses, please do not send them to school, as we will be required to isolate them under our COVID procedures and send them home.

MOTHER'S DAY BREAKFAST

It was delightful to have our Mums, Grandma's, Aunties, Sisters and very special and important people in our students' lives back in the school this morning to celebrate Mother's Day this coming Sunday. When thinking about what I would write on my card to my Mum, I must admit to googling 'Mother's Day quotes' and I was particularly taken with this one. "There's no way to be a perfect mother and a million ways to be a good one."- Jill Churchill. It reminded me how we can be very critical of ourselves at times and perhaps compare ourselves to other Mum's that we might see or read about, and somehow think we are not doing a great job. I hope this Mother's Day weekend you can really believe that you are doing the best job you possibly can for your kids and families, and that whilst that might not always be perfect, it is enough, and it is priceless for your child and the special people around you. Have a wonderful weekend.

AND NOW OVER TO DEHNE, OUR NEW ASSISTANT PRINCIPAL....

> Kirshy McAinch Principal



MEET DEHNE, OUR NEW ASSISTANT PRINCIPAL





Firstly, I am thrilled to be the new Assistant Principal at Bendigo Special Developmental School, and I can't wait to meet you all. My initial impression of the school is that it is an excellent school with a strong community spirit. The educators at our school have blown me away with their commitment to putting your children first. I have begun classroom visits to get to know our student cohort on a deeper level, and I am committed to getting around to all rooms in the coming weeks.

What an exciting first couple of weeks. They have flown by in a blink of an eye. Visits from James Merlino, Jacinta Allen, and Maree Edwards... and a commitment of \$8.87 million dollars! Wow. A result of the hard work and dedication the whole school community put forward, petitioning for the development of a masterplan. Well done and thank you. Exciting times to come.

If you visit the school, feel free to pop in for a chat. I would love to hear from you and learn your family's story.

Until then, I invite you to come along to the Parent-to-Parent session at the Kangaroo Flat Library next Thursday, the 12th of May at 9 am, where I will be ready for a coffee and a good old-fashioned chinwag! But if you can't make it, here's a brief bit about me:

I was born and bred in Bendigo and live at home in Spring Gully with my wonderful wife Tracey and two amazing kids, Lotti and Ziggy. My hobbies outside school are playing guitar, cooking, hiking, camping and attempting to exercise.

My passions in the world of education revolve around supporting students with additional needs and helping them become the best versions of themselves. I have come across to BSDS from our friends at Kalianna, working as classroom teacher and then as a leading teacher. I worked alongside the leadership team, focusing on school improvement. I have a particular interest in integrating technology within the classroom and value how it can bring new levels of accessibility to learning, encourage engagement and support students with their motivation to learn.

Also, just in case you were wondering about my name, it's 'Dean'.

Thanks

Dehne Anstee Assistant Principal





BIRTHDAYS

09 May	Will	Room 23	11 May	Ryan	Room 20
11 May	Ethan	Room 23	12 May	Jodie F.	Specialist Teacher
13 May	Benji	Room 07	13 May	Natalie	Room 11
13 May	Chris	Room 17	14 May	Gian	Room 21
15 May	Meg	Family Support	17 May	Sharon M.	ESS

CHEESE AND COCKTAIL ONION PARTY HEDGEHOG

What you need?

- 1 medium Rockmelon
- Toothpicks
- 500g Cheddar Cheese, cut into 1cm cubes
- 1 x 150g jar Rosella Red Cocktail Onions
- 1 x 150g jar Rosella Green Cocktail Onions
- 1 x 150g jar Rosella White Cocktail Onions
- 2 sticks Kabana, cut into 1cm thick slices
- 1 Lemon for nose
- Halved red Grapes for eye





How to make it?

Cut 2/3 of the Rockmelon and place cut side down on a plate.

Skewer Cheese and Kabana, then drained Cocktail Onions on toothpicks.

Arrange toothpicks in rows over the top of the Melon, alternating colours.

Cut Lemon in half and position in centre of the face. Skewer a red Onion for the nose.

Skewer Grapes into position for the eyes. Cut remaining Melon to form small feet. Serve with Crackers and Dips to enjoy a delicious party!

BUSES

BUS	DRIVER / CHAPERONE	TELEPHONE	SCHOOL S
Heathcote	Gary & Jodie	0435 900 890	-0
Huntly	Helen, Nicole & Chloe	0428 261 802	
Fryerstown/Castlemaine	David & Debbie	0409 421 500	
Kyneton	Steve & Joanne	0428 236 271	
Lockwood	David & Kim	0428 271 824	
Strathfieldsaye	Steve & Joy	0427 287 843	
Serpentine	Peter & Janine	0497 663 736	
Spring Gully	Chris & Heather	0428 159 660	
Wedderburn	Cathy & Michelle	0466 367 656	

WELFARE & FAMILY SUPPORT TEAM

New Lifeline counselling service in Bendigo

Hello to all Parents, Families and Carers, 😊



We hope you have had a great Easter break over the holiday period and have settled back in nicely to school routines for term 2.

Below is a resource we wanted to share with our broader school community which is a new pilot Counselling Service in Bendigo through Lifeline.

This service is a pilot program and offers face-to-face counselling sessions for up to 6 sessions, related to grief and loss. Grief and loss are complex feelings that can be difficult to navigate our way through and can occur through a variety of different circumstances. This support encompasses a broad range of struggles including loss of a friend or a loved one, the loss associated with a break down in relationships, the loss that can be associated to having a family member with a disability, loss due to Covid and much more.

This service does not require a referral from a GP, as a self-referral can be made by calling the number or emailing the contact provided. Christine Adelwohrer is the Service Leader/Counsellor, who you will be in contact with and is the mobile contact listed on the flyer.

As this is a pilot program through Lifeline, they are limited to the ages of 15-35, however they have the advantage of being cost effective (\$45 standard fee or \$25 with a health care card) and currently have no waiting list.

This could be a fantastic resource to be aware of and get some support for yourself, other family members or friends.

Visit the website for more information, or please feel free to contact us if you would like more support.

Summary:

- New grief and loss counselling service in Bendigo
- 421 Hargreaves Street Bendigo (Next to Rivers)
- Open Tuesday to Thursday 12pm-7pm
- Ages 15-35, no GP referral required

Have a great week (\circ)



The Wellbeing Team, Drew Barret - Mental Health Practioner Meg Holmes – Family Support











Are you experiencing grief and need help?

Our new service does NOT require you to have a referral from your GP

At Lifeline we understand that reaching out may be hard.

Our experienced team believes that speaking up and asking for help is a step towards long-term health & wellbeing

Grief and loss is an unavoidable part of the human experience, a subject often filled with negative emotions but also rich in choice and opportunity.

GRIEF & LOSS

'Consider talking with us'

FOR MORE
INFORMATION
VISIT OUR
WEBSITE
www.lifelinecvm.org.au

Face to Face and online counselling available

TUESDAY - THURSDAY 12pm - 7pm

CONFIDENTIAL SAFE * ACCESSIBLE*

Mobile: 0473 221 662 Email: counselling@lifelinecvm.org.au



Driving learning growth

Valuing diversify with kindness and respect Uniting to achieve excellence Epsuring equity of opportunity

WELFARE & FAMILY SUPPORT TEAM

Dear Parent and Carers,

The **Association for Children with a Disability** are running some online workshops for regional families online.

This workshop is for our teens. This organisation is thorough and is run by parents who know the gig.

There are morning and evening sessions, and they run over a 3-week period.

If anyone is interested, I will try to gather a group who may like to do the workshop together at school online, or you may like to do it on your own at home.

Below is the link to book in for the **free** workshops and to access further information. https://www.eventbrite.com.au/e/teens-and-beyond-wed-18th-may-10am-registration-229114155607?aff=ebdsoporgprofile

Please contact Meg through the office on 5447 3267 if you are keen to attend.

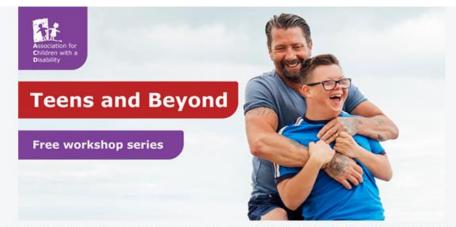
Meg Holmes

Family Support Worker

Bendigo Special Developmental School

Phone: 54473267

Days of Work: Mon, Wed, Thurs



Teenagers do best with support from their family. This workshop series can help you navigate the teenage years with confidence. We'll talk about future planning, school and post-school options and getting the right NDIS support for your teen.

Book now







A session for young people in Years 9-12 and people who support them

The National Disability Insurance Agency would like to invite Victorian students living with disability in Years 9-12, their parents, carers and education professionals, to attend a virtual information session about building skills and paving a pathway to post-school life.

We'll discuss a range of NDIS-funded supports and other assistance to help young people build skills to prepare for their transition, and support them in achieving employment and other goals, post-school.

Information provided at this session will help you learn more about the supports for post school life. You can also ask questions about what the opportunities and supports available for participants, but we won't be discussing personal details in this public event.

This session will be delivered via video-conference using Microsoft Teams. Registrations will close three business days before the event. Two business days prior to the event, details to join the session will be sent from events@ndis.gov.au to the email address you provide at registration, so please ensure your registered email address is accurately captured to receive these details.

For any enquiries regarding this session, please contact events@ndis.qov.au and include the session name in the subject line.

Where:

Virtual Information Sessions delivered via Microsoft Teams

Date and Times:

Tuesday, 17 May 2022 7.00pm – 8.30pm (AEST)
Thursday, 26 May 2022 7.00pm – 8.30pm (AEST)
Monday, 17 October 2022 7.00pm – 8.30pm (AEDT)
Tuesday 25 October 2022 7.00pm – 8.30pm (AEDT)

Register:

Please register using the link below via Eventbrite;

NDIS Victorian Pathway to Post School Life

Additional information: Accessibility is important to us and we'll always do our best to support accessibility needs. If you have accessibility requirements, please let us know when you register. Please note, service providers can require up to five (5) business days' notice for bookings.

ndis.gov.au



PARENT TO PARENT GROUP

Come and meet Dehne (Dean) Anstee our new Assistant Principal.

Date Thursday 12th of May

Time 09.00 am

Location Kangaroo Flat Library across the road, enter down the right side, past the bins, (as the

library doesn't officially open till 10:00).

- Hear of his passions and directions for our school.

- Let's chat about our petition for a new school and further funding.
- Talk to him about your concerns or anything you'd like to share.

It is a great chance to chat to other parents over a casual cuppa.

We would love to see you there. All parents and carers are welcome.

Meg and Drew



COVID VACCINATION POP-UP



Save the Date



COVID-19 VACCINATION CLINIC

Coffee(free)Van available - 11am-1pm

WHERE: Kangaroo Flat Community House - 21 Woolcock Avenue,

KANGAROO FLAT

WHEN: Saturday 7th May - 5-11 years old & 12-year-old and over-Adults

TIME: 11am - 3pm - Walk ins only - no appointment necessary

Bendigo Community Health Services and Bendigo Health are back at Kangaroo Flat Community House for Vaccination Clinic for anyone who wants a 1st, 2nd or 3rd/booster dose, and is 5 years old and over. We will also be offering 4th dose/winter boosters for people who are eligible.

Please bring your Medicare Card and any Personal Identification (I.D) such as, Licence, Health Care Card, or Concession Card with you if having a vaccination. Our friendly nursing staff are available to chat about any concerns you might have about COVID-19 or the Vaccination

ACN: 136 467 715







Disability Liaison Officers (DLOs)

- Advocate for people with a disability within the health care system.
- · Aim to improve access to health Loddon Mallee Region.



For questions, referrals, and to make a booking for the disability support clinic contact the Bendigo DLO on

5454 9141

disabilityliaison@bendigohealth.org.au

Monday to Friday

9am to 5pm

Note: Bookings are essential for the disability support clinic.



Bendigo Health Disability Liaison Officer (DLO) Program















What we do

- The Bendigo Health Disability Liaison Officers (DLOs) are a team that advocates for people with a disability within the health care system.
- Works with health care teams to ensure safe, accessible and inclusive care for people with a disability.
- Provide education and promote disability awareness throughout the hospital.

The Disability Liaison Officers can help you to access:

- COVID- 19 testing.
- COVID-19 vaccinations.
- Health Services that are not be related to COVID-19.
- If you have received a positive COVID-19 test or need to self isolate.
- Plan for a stay in hospital for any reason.

COVID-19 Vaccination

The DLOs' current focus is to provide information about vaccination options and support you in receiving your vaccination or booster.

The Bendigo Health COVID-Vaccination Hub has a twice weekly Disability Support Clinic for people with a disability to attend and receive their COVID-19 Vaccinations.

The clinic is in an accessible area designed to meet individual needs (Eg: sensory, mobility limitations).

DLOs can also help you access other vaccination options outside of the Vaccination Hub including:

- Home vaccination if you cannot get to the Hub.
- · Sedation if required.

Who can refer you to the DLOs?

- Anyone can make a referral to our service, including you, your family, carers, disability providers, support coordinator and your health professionals.
- · However, you will need to agree to any referral.

When to contact us:

You can contact us:

- If you have questions about disability and access to health care at Bendigo Health.
- If you have questions about how to access COVID-19 information, COVID-19 testing or COVID-19 vaccination.
- If you have any suggestions to make Bendigo Health more accessible to everyone.
- If you have any concerns about any aspect of uour care.

Costs

There is no cost for this service.

Feedback

We welcome your comments and suggestions. Your feedback helps us to improve our service.



Excellent Care. Every Person. Every time.





THANK YOU!

We would like to express our sincere gratitude to April's (Room 4) family for the donation of beautiful costumes and materials which we will use for our School Production and many other special occasions at school.

April's grandmother, Lesley established the Lesley Cox Ballet School in Bendigo and was a dance teacher for many years, teaching students from all over Victoria and NSW.

We are very privileged and appreciative of these very special items.

Thank you again to April's family.





MOTHER'S DAY PANCAKE BREAKFAST

What a lovely day to start a frosty morning!

We were delighted to see all the happy smiles during our Mother's Day Pancake Breakfast.

It was great to catch up with all of you while enjoying the delicious pancakes with all sorts of toppings and having a nice warm cuppa.

For Dehne, our new Assistant Principal, it was a change to meet new people and see some, already, familiar faces.

We would love to share some of the photos taken this morning and we wish you all Happy Mother's Day!





Bendigo Special Developmental School
"A place of excellence in education that creates inclusive communities and success for all"

















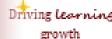








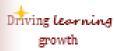




Valuing diversity with kindness and respect

Upiting to achieve excellence

Ensuring equity of opportunity



KANGAROO FLAT YOUTH PROGRAMS



We would like to share information about a new Youth Social Program for NDIS recipients.

The programs will be varied, depending on what the participants want to do, and they are specifically customer based.

This is a new pilot program aimed to help all participants join in with the community after being isolated with Covid.

Groups/ sessions will be fully supported with staff and are open for NDIS recipients with group support funding ratios of 1:2 - 1:4. We will be introducing groups for those recipients with higher needs as our programs develop.

Most groups will have either no extra charge, or small costs to cover entrance fees, tickets, or meals etc.

The Youth Programs will run on a Friday evening, fortnightly, and on Saturdays, fortnightly.





NEWS FROM OUR CANTEEN TEAM

This week, the canteen work skill team made some cupcakes and wrote about what they enjoyed doing in the canteen.

The students worked well last term and have improved in all areas of their learning, including listening to instructions, kitchen safety and hygiene, writing on bags, reading orders, checking orders, delivery of orders and making and preparing all foods on our menu. We're proud and happy to share some of their work with you through this week's newsletter.

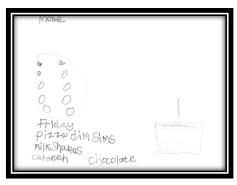
This term we will continue to offer our current menu and when we have the menu established, we will introduce a new item.

Canteen order forms are handed out on Fridays.

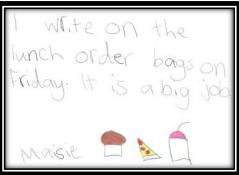
Please return the forms **by Wednesday 11.30am** to the blue box outside the office. No late orders will be accepted.

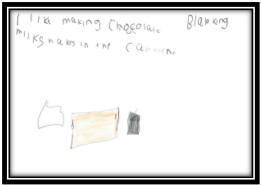
Thanking you, Donna & The Canteen Team















ROOM 22 – HOW TO MAKE SEED BALLS?



This week Room 22 have been making seed balls as special gifts for some special people in our lives. Students were able to get their hands dirty as they mixed and squished the dirt and paper together with various seeds to make their seed balls.









You will need:

- wildflower seeds:
- compost;
- dry clay (you can get this at a craft store or garden center);
- water.



Directions:

- 1. Mix a spoonful of seeds, two handfuls of compost, and a handful of clay in a bowl.
- Add a few spoonsful of water and stir the mixture until it sticks together.Form it into a ball, and leave it in a warm place for a few hours to dry.
- When your seed ball is dry, put it in a place with good soil before a rainstorm, so that your seeds are watered and can take root.



ALL-ABILITIES AUSKICK BENDIGO

<u>UPDATE TO VENUE: All-Abilities Auskick will be held at Tom Flood Sports</u> <u>Centre, Park Road, Bendigo</u>

Introducing... All-Abilities Auskick in Bendigo!

South Bendigo Football Netball Club are proudly delivering Bendigo's first club-run All-Abilities Auskick Centre. All-Abilities Auskick is aimed at children with a disability aged between 4-12 years old.

Kids of all abilities are welcome, and no experience is needed. Come along, learn new skills, and make friends!

A Sensory/Chill Out Space is also provided.

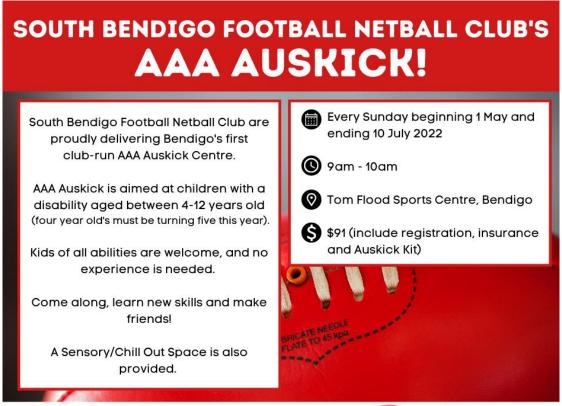
Please see below and attached for further information.

To register for All-Abilities Auskick, please click here.

If you have any questions, please contact Auskick Coordinator, Emma Tomlins on 0409 374 500.

All-Abilities Auskick memberships can be subsidised for eligible individuals through the Get Active Kids Voucher Program. For more information please click here.

Thank you for your support!



If you have any questions please contact Emma Tomlins on 0409 374 500













St Mary's

Anglican Church

193-195 High Street Kangaroo Flat Vic 3555

03 5447 7427



Stall sites availables

~ For those with a car boot full of pre-loved goods ~

 \sim For those involved in direct selling \sim

Contact Geoff Young on 0418 145 105—phone or text

or email younggeoff51@gmail.com

Bargains



Refreshment.

In the grounds of St Mary's Anglican Church - enter via Church Street, Kangaroo Flat







BBQ sausages, soup & bread roll & chicken sticks

All \$1 each

Thanks to the Rotary Club of Kangaroo Flat, Kangaroo Flat Primary School & Hazeldenes



- **Animal Farm**
- **Pony Rides**
- The Zone Rock **Climbing Wall**
- Library activities & Story Time
- Activities with local sporting clubs
- Breakout Bendigo **Escape Games**
- Tim Tim monster bubbles & foam
- Connected Circus
- Art & craft
- Entertainment Lucky Door Prizes & FREE Giveaways!



Sunday May 15, 2022 12pm - 3pm Kangaroo Flat Primary School Yard, 60 Olympic Parade, Kangaroo Flat





















Bendigo Special Developmental School

"A place of excellence in education that creates inclusive communities and success for all"



