



Bendigo Special Developmental School

"A place of excellence in education that creates inclusive communities and success for all"

Newsletter # 3 – Friday 11 March 2022

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T: (03)5447 3267 F: 5447 7286
Principal: Kirshy McAinch
School Council President: Leah Thomas
f @bendigospécialdevelopmentalschool

TERM DATES 2022

Term 1, 2022
Friday 28 January - Friday 08th April

Term 2, 2022
Tuesday 26th April – Friday 24th June

IMPORTANT DATES

Monday	14 March	<ul style="list-style-type: none"> Labour Day: Public Holiday NO SCHOOL FOR STUDENTS
Monday	21 March	<ul style="list-style-type: none"> SCHOOL COUNCIL ELECTIONS Meeting at 7 pm in the staff room. All parents/carers are invited. Please refer to the information in this newsletter.
Friday	01 April	<ul style="list-style-type: none"> Easter Raffle Draw
Friday	08 April	<ul style="list-style-type: none"> Last Day of Term 1
Friday	15 April	<ul style="list-style-type: none"> Good Friday
Monday	25 April	<ul style="list-style-type: none"> Anzac Day NO SCHOOL
Tuesday	26 April	<ul style="list-style-type: none"> 1st Day of Term 2

Our Values



- Driving **learning**
- growing **diversity**
- Valuing **diversity** with kindness and respect
- Uniting to achieve **excellence**
- Ensuring **equity** of opportunity

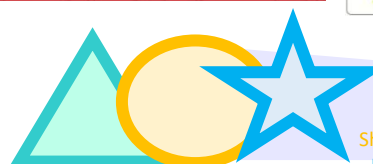


Bendigo Special Developmental School community respectfully acknowledge the Traditional Owners of Country throughout Victoria and pays its respects to the ongoing living cultures of Aboriginal peoples.



RESPECTFUL
RELATIONSHIPS

LEAD
SCHOOL



SWPBS
Act Safely
Show Respect
Be your Best



PRINCIPAL'S REPORT



NEW ASSISTANT PRINCIPAL APPOINTED – WELCOME DEHNE ANSTEE

I am very excited to announce that a Merit and Equity Recruitment Process to appoint a new Assistant Principal has now been completed. The successful candidate is Dehne Anstee. Dehne (pronounced Dean) holds a Master of Special Education and has been a teacher and Leading Teacher at Kalianna School and has also worked as a teacher at Raywood Primary School and as an Education Support staff member and an After School Care worker during his studies. Dehne has a specific interest in Technology and will bring a wealth of knowledge and experience to our school in this area. Dehne has also led the development of student voice, literacy, and numeracy curriculum across his previous school and in his spare time enjoys music, walking, hiking and camping, cooking and spending time with his family. Above all, Dehne is passionate about progressing the learning and wellbeing outcomes of all students and building staff capacity to deliver the best education possible. Dehne will start with us in Term 2, and I know he looks forward to meeting and working with you all.

COVID 19 – STAFF SHORTAGES

I wish to thank all in our school community, our parents and students for their incredible patience and our amazing staff for their incredible flexibility, as we continue to work with the COVID 19 isolation requirements. As you are aware, this means that if a staff member tests positive, or what has been more commonly the experience, a member of the staff member's family tests positive, this means that they must isolate for 7 days.

Over the last two weeks, with the starting back of University and TAFE, many of our regular Casual Relief Staff are no longer available as freely as they were in February. Unfortunately, this means that in some instances, we are unable to run our normal classroom programs as we do not have the staff to ensure full participation and safety for all students. Please rest assured that we are working as hard as we can to keep the routines and structures of school in place for our students. It also doesn't help that we have had some flood damage with the last downpour of rain, so this has impacted on the teaching spaces that we are able to use. If you do have any concerns about this, I would encourage you to contact me.

SCHOOL COUNCIL ANNUAL GENERAL MEETING- MONDAY 21st MARCH

School councils play a vital role in Victorian government schools and are established and operate under the Education and Training Reform Act 2006 (Vic), the Education and Training Reform Regulations 2017 (Vic) and a Constituting Order. A well-informed and effective School Council strengthens community confidence in the school and helps to build and secure the school's culture. There are a number of distinct roles and responsibilities of the school council, and it is the responsibility of the principal to support the effective and efficient operations of the council and the school. The input from the parents and carers and staff representatives on School Council is a vital part of the decision-making process and allows parents and carers to have genuine influence over the strategic direction of the school. The Annual General Meeting of the Bendigo SDS School Council will be held on Monday 21st March 2022, and all parents and carers are welcome to attend. If you are interested in becoming a member of the School Council or would like more information, I would encourage you to speak to our School Council President, Leah Thomas, or myself at any stage.





POSITIVE START

The Victorian Government's Positive Start in 2022 initiative is a \$112.9 million investment to support government to provide additional camps, sports programs, swimming programs and cultural experiences for students following disruption from the COVID-19 pandemic. Over the past two years, students have missed out on many of those extra-curricular activities that are such an important part of school life and their whole education. Positive Start in 2022 is about encouraging students to be more active and to enjoy more time reconnecting with friends and making new ones. As part of this initiative, the Victorian Government is providing **free camps** during the holidays for students who have a disability. It is important that parents and carers who are interested in registering their young person for these camps does so by Friday 25th March 2022. You can find out more about these camps on the link below:

<https://www.vic.gov.au/positive-start-holiday-camps>



SECOND VACCINATION CLINIC – SATURDAY 30th APRIL 2022

After the success of the first Pop-Up vaccination clinic last weekend, a second one will be held at our school on Saturday 30th April 2022. This one will be open for both adults and adolescents 12 years and older, and for children aged 5-11 years during the following hours:

Session 1 (Adults/Adolescent 12 years+):

11:45am – 12:45pm

Session 2 (Children 5-11 years):

1:00pm – 2:30pm

Bookings can be made via the QR code underneath. Please remember that vaccinations are not required for students to come to school, no staff will be in attendance at this clinic and parents must provide written consent for their child to be vaccinated. This clinic is for our entire school community, so please pass this opportunity on to any of your family and friends.



Kirshy McAinch
Principal

STUDENT ID CARDS

Just a note to let everyone know that STUDENT ID CARDS are available upon request.

If you need a Student ID card, feel free to contact the office on 03 5447 3267.

Thank you!



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BIRTHDAYS

14 March	Kyle	Room 23	15 March	Tanya M.	ESS
21 March	Angus	Room 7	25 March	Felix	Room 8
25 March	Zeathen	Room 14			



AUSTRALIAN FAIRY BREAD

1. Coat each slice of white bread in plenty of butter
2. Pour plenty of sprinkles/100's & 1000's on top of each slice
3. Slice into triangles

Enjoy!



BUSES



BUS	DRIVER / CHAPERONE	TELEPHONE
Heathcote	Gary & Jodie	0435 900 890
Huntly	Helen, Nicole & Chloe	0428 261 802
Fryerstown/Castlemaine	David & Debbie	0409 421 500
Kyneton	Steve & Raelene	0428 236 271
Lockwood	David & Kim	0428 271 824
Strathfieldsaye	Steve & Joy	0427 287 843
Serpentine	Peter & Janine	0427 380 040
Spring Gully	Chris & Heather	0428 159 660
Wedderburn	Shaun & Cathy	0466 367 656





CONVEYANCE ALLOWANCE 2022

In some locations, eligible students are unable to access free school buses, or they have to travel 4.8 kms or more to the bus pick up/drop off point.

The **Conveyance Allowance** helps cover the costs resulting from any transport gaps between the public transport system and the school bus network, or where multiple transport services are required to get to and from school.

The allowance can be applied to the use of public transport, private cars, private buses and taxis.

Eligibility for a conveyance allowance is based on the following criteria:

Students must attend the nearest specialist school

Students must live at least 4.8km from the school or nearest bus pick up / drop off point.

If you consider your child is eligible for this allowance please contact the office for an application form as soon as possible.

If you have already applied successfully in 2021 and your circumstances have not changed, you are not required to reapply in 2022.

SCHOOL COUNCIL AGM & ELECTIONS 2022

The School Council March meeting, which will be held on **21st March 2021 at 7pm** in the staff room, will be our Annual General Meeting.

I would encourage all parents and carers to come along and celebrate the achievements of our school over the past year and consider nominating to become a member of the School Council.

Elections will also take place for positions that have become vacant due to the completion of the two year elected terms of several parent and DET representatives.

Our school community is indebted to parent representatives Leah Thomas, our current School Council President, Emma Burke, Rachel Byrne, Vicki Gordon, Rebecca Quinn and Terri Unger, our two community representatives Angela Whalen and Bob Wiseman, and DET representatives, Barb Johnstone, Davina McCurdy and Tania Franks.

- We have 2 parent positions available this year
- We have 2 community memberships available this year
- We have 4 DET memberships available this year

Joining the School Council will give you the opportunity to have a direct say in the future direction of our school, which is a wonderful way to shape the learning of your child.

School Council nominations forms are attached to this newsletter and if you have any questions, I would urge you to contact the office on 03 5447 3267 or speak to one of the current parent members.

Thank you!





FORM 3: SELF-NOMINATION FORM FOR PARENT MEMBER CATEGORY

(Formerly Schedule 5A)

I wish to declare my candidacy for an elected position as a parent member on the

..... council.

Name

Residential address

Contact phone (mobile or landline)

Email

I am the parent/guardian of who is/are currently enrolled at this school.

Statement

I am an employee of the Department of Education and Training.	Yes / No (please circle)
I am an employee of the school council.	Yes / No (please circle)
I am engaged in work at and for the school.	Yes / No (please circle)

I am prepared to serve as a Parent member of the above-named school council. I hereby declare that:

- I am not, and have ever been, insolvent under administration
- I am not of unsound mind
- I have not been found guilty of an offence that is, or would if committed in Victoria be, an indictable offence
- I am not a registrable offender within the meaning of the *Sex Offenders Registration Act 2004*.
- I am not suffering from any medical condition that would affect my ability to perform the role of member of a school council.

Signature of candidate..... Date / /

You will be notified when your nomination has been received.

The personal information provided in this form is collected as part of the school council election nomination process. The information may be used to determine your eligibility as a candidate. Your personal information may be disclosed as a result of inspection prior to the commencement of voting or at any time up to one year from the declaration of the poll.

Your name will be included in a list of school council candidates and nominators (where applicable) posted in a prominent position at the school and for candidates, on a ballot paper (where applicable). Further, the name, membership category, gender (optional), term of office, office held (if any) of school council members and notification whether the member is an employee of the Department will be forwarded to the Department of Education and Training by the principal by 30 April each year as a record of council membership and may be used for statistical purposes.

You can access your personal information by contacting the principal on:

If you choose not to give some or all of the information requested your nomination may not be accepted.

If you have any queries about the school council nomination process, please contact the principal.





WELFARE & FAMILY SUPPORT TEAM



INTERNATIONAL DAY OF HAPPINESS



BUILD BACK HAPPIER

Casual Clothes Day: Bright Colours!!!!

Hello, all parents, carers and families 😊

Well done on getting through another week of this rapidly moving term 1.

Upcoming on the 20th of March is the United Nations International Day of Happiness, which is a day recognised all over the world for putting health and wellbeing as a top priority.

With our world facing continuing unprecedented challenges, wellbeing matters more than ever, which is why we have decided to celebrate this day as a school community, joining in on this year's international theme: **BUILD BACK HAPPIER.**

With the 20th of March being a Sunday, we have decided to celebrate this important day on **Friday the 18th of March** (what a great way to end the week!).

This day will be filled with fun activities throughout play times, such as music/dance, chalk drawings and optional coloured hairspray. Permission forms will be sent to parents/carers for consent to hairspray 😊

As mentioned above in bright colours, it is an optional casual dress day where staff and students are invited to wear any bright colours that they may have.

It will be fantastic to have the school as colourful as we can.

We will be taking lots of photos that you can access via our SeeSaw and Facebook page.

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WELFARE & FAMILY SUPPORT TEAM



Cosmic Kids Yoga



This week we wanted to share a great resource called [Cosmic Kids Yoga](#) which is a YouTube channel that promotes yoga and mindfulness for children.

This resource is full of follow-along videos created to be engaging, fun, and can be a good activity for the whole family to enjoy.

A great way to support our student's participation in these activities is to join in on the fun and model the behaviour that is occurring in the video. Keep in mind that this does not have to be perfect by any means, as it is all about fun and exposing ourselves and our students to mindfulness practice.

Founded in 2012, Cosmic Kids attempts to smuggle in the benefits of yoga and mindfulness practice while kids are having fun.

They use stories, role-play, and a good portion of silliness to make yoga and mindfulness fun for kids.

They're encouraging them to move and stretch their bodies - and squeezing in breathing, relaxation and visualisation techniques along the way.

Some of the many benefits of yoga and mindfulness like this include a decrease in feelings of stress and anxiety, increased emotional regulation, better physical health, and a greater sense of overall wellbeing.

So, check it out below:

[Cosmic Kids Yoga - YouTube](#)

We hope you all have a fantastic week,

Drew Barrett (Mental Health Practitioner) & Meg Holmes (Family Support)





WELFARE AND FAMILY SUPPORT TEAM



Dear Parents and Carers,

We know it can be challenging to get your young person vaccinated.

The **BENDIGO HEALTH DISABILITY LIAISON OFFICER PROGRAM** is a service which is especially designed to make the vaccination process quick and as simple as possible, and they understand disability.

You can contact the service on 03 5454 9141, explain your child's needs and your concerns and make an appointment for your child.

I have received really positive feedback from a number of our families who have used this service.

If you need more information, please call Meg or the office.

Meg Holmes

Family Support Worker

Bendigo Special Developmental School

Phone: 54473267

Days of Work: Mon, Wed, Thurs

mobile 0458362247

Disability Liaison Officers (DLO) advocate for people with a disability within the health system.

We aim to improve access to health care in the Loddon Mallee Region.



To access the Disability Support Clinic, Booking is Essential.

For Questions and Referrals, and to bookings contact Bendigo DLO on

Ph: 5454 9141

disabilityliaison@bendigohealth.org.au

Monday to Friday

9am to 5pm



**Bendigo Health
Disability Liaison
Officer Program
DLO**





What we do

The Bendigo Health Disability Liaison Officers (DLO) are team of staff who are a contact and advocate for people with a disability within the health system.

We work with Healthcare Teams to ensure safe, accessible and inclusive care for people with a Disability.

The Disability Liaison Officers can enable you to access:

- COVID- 19 testing
- COVID-19 Vaccination
- Help if you have received a positive COVID-19 test or need to self isolate.
- Health Services that are not be related to COVID-19
- Plan for a stay in hospital for any reason
- Provide Education and promote Disability Awareness throughout the hospital

COVID-19 Vaccination

Our current focus is to provide information about Vaccination Options and support you in receiving your Vaccination or Booster.

The Bendigo Health COVID-Vaccination Hub have a twice weekly Disability Support Clinic for people with a Disability to attend and receive their COVID-19 Vaccination.

The clinic is in an accessible and quieter area, and able to meet individual needs (sensory, mobility etc).

DLO's can also help you access other vaccination options outside of the vaccination hub including:

- In home Vaccination if you cannot get to the hub
- Sedation if required.

Who can refer to DLO?

- Anyone can make a referral to our service, including you, your family and carers.
- You need to agree to the referral.
- You may be referred by your disability providers, support coordinator, health professional.

When to contact us:

You can contact us:

- If you have questions about Disability and access to Healthcare at Bendigo Health..
- If you have questions about how to access COVID-19 information, COVID-19 Testing or COVID-19 Vaccination.
- If you have any suggestions to make Bendigo Health more accessible to everyone.

Costs

There is no cost for this service.

Feedback

We welcome your comments and suggestions. Your feedback helps us to improve our service. If you have any concerns about any aspect of your care please contact us.



Excellent Care. Every Person. Every time.

OSHC NEWS

What's been happening at OSHC.....

The OSHC program has been continuously working on our transitions and continuing to build on our "Senior Zone". Our Senior children have been taking on leadership roles within their small group and coming together to make joint decisions for their afternoon activities.

CONTACT US

Information and Program Bookings

0439 821 680

oshc@lifely.org.au



To speak with Staff onsite during Program

0423 799 257





SWPBS NEWS

School-wide Positive Behaviour Support (SWPBS)

Last week, **PLC 3** were awarded our first ever '**PLC of the Month**' which resulted in the reward of a hot chip lunch for both students and staff in that area of the school. Awards will continue to be given at the end of each month, to the PLC that has shown the most expected behaviours from our student matrix.

One of the expected behaviours that many students in PLC 3 were displaying was 'show respect by listening to others' (particularly their teachers). We cannot wait to see and acknowledge all the positive behaviours our students demonstrate in March.



Hamish Morcom
SWPBS Coordinator and occupational therapist



HOLIDAY CAMPS 2022

HOLIDAY CAMPS 2022

The eligibility criteria for holiday camps includes students with disability. If students wish to go to a holiday camp, parents and carers will need to register their interest and book. Schools do not need to organise these camps for students.

Some parents of students with disability may feel anxious about sending their child on a holiday camp. Camp providers will make every effort to ensure they are accessible to all students and will list their facilities and supports available on the [Positive Start website](#).

Parents and carers can liaise directly with camp providers to determine if a particular camp suits the needs of their child before booking their child into a holiday camp.

Families must register their interest by Friday 25 March 2022 to be considered.

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Supporting Greater Bendigo kids to be happy, active, healthy and connected!

Join an Early Years Matters community discussion to help shape the future health and wellbeing for children aged 0-12 years in our community.

The City of Greater Bendigo invites local community members with an interest in developing opportunities for kids centred around healthy eating, physical activity and social connection to join local professionals and help guide priorities for children in our community.

This session will provide the opportunity to collectively identify actions we can all deliver to address the key priorities in creating happy, healthy, active and connected kids in Greater Bendigo.

TIME:

1pm – 4pm

DATE:

Thursday March 24, 2022

VENUE:

Bendigo Hockey Complex,
14-30 Ashley Street, Ironbark

Light refreshments provided.

RSVP:

For more information or to register to attend this session please contact: Kristy Bennett on 5434 6327 or via email to k.bennett@bendigo.vic.gov.au by Thursday March 17, 2022.

Please note: All attendees must be double COVID-19 vaccinated to attend the session.





Bendigo FIDA Suns COME & TRY



Are you aged 14 years or older
and live with an intellectual
disability?

Would you like to play football, learn
new skills and make friends?

If yes come along and join the
Bendigo Suns!

Meet the coaches and get ready
for season 2022.

No experience needed all
gender's welcome!



When: WEDNESDAY 16TH MARCH



Time: 5.30pm - 6.30pm



Location TOM FLOOD SPORTS
CENTRE



Bring: FOOTY BOOTS/RUNNERS/
DRINK BOTTLE



Cost: FREE



COVIDSafe

All necessary COVIDSafe
protocols will be adhered to.
If you have any concerns,
please contact us.



Do you need Football Boots?

Let us know and we can try to
find you a secondhand pair.

**You do not need to register for this Come and Try Session.
If you have any questions or concerns, please contact us:**



@BendigoSuns



bendigogsuns@gmail.com



Bendigo FIDA Suns

0481893616





PEOPLE OUTDOOR – AUSTRALIAN CAMPS ASSOCIATION



The People Outdoors and the Australian camps association have been in operation as a non-profit organisation for over 30 years. We have delivered hundreds of camps and outdoor experiences for people living with disability across Victoria.

All sites are "Accredited Tourism Venues" with ACA membership, this ensures quality. Camp activities focus on individual and social development, skills and independence in the outdoors. Activities include canoeing, high ropes and low ropes courses, bush exploration and cycling, as well as less adventurous activities such as orienteering and archery. Each camper has a nominated carer or volunteer as required on a ratio of 1:1, 1:2, 1:3 (depending on the complexity of their needs). Our camps are for children, teens, and adults. The outdoor team has a high focus on the individual camper and the best quality experience each person can have on camp.

Our "Come and Try Day" on Saturday 2nd of April 2022 will be a family day event.

Cost: \$50.00 per family. Activities, equipment & Lunch Included

Please see the registration link below and flyer attached .

Everyone is welcome!

Bookings for the "Come and Try Day" are essential.

You can register through the following link:

<https://www.eventbrite.com.au/e/people-outdoors-family-come-try-day-grampians-tickets-224816802107>

Feel free to pick up an information leaflet from the office.





RECIPE OF THE WEEK

Lunchbox Mini Pizzas

Cold pizza in the lunchbox is the most awesome lunch. Made with a simple yoghurt dough, they are quick and easy to make and only need 6 basic ingredients. Make a big batch in under 25 minutes.

WHAT GOES IN THE PIZZA?



INGREDIENTS

- 1 Cup Of Greek Yoghurt
- 2 Cups of Self Raising Flour
- 2 Tbsps. Tomato Paste
- 1/2 Zucchini, finely grated
- 5 Slices of Prosciutto or Ham cut into slivers
- 1/2 Cup of grated Cheese

Other Topping Ideas:

- Ham & Pineapple
- Salami & Veggies
- Vegetarian
- Cooked & Shredded Chicken
- Anything else you like 😊

METHOD

1. Preheat the oven to 200 degrees Celsius.
2. Combine the yoghurt and flour in the bowl of a mixer and mix until a dough forms. (You can also do this by hand for about 5 minutes)
3. Tip onto a floured board and roll out (I rolled mine to 30 by 50 cms).
4. Cut the shapes you want from the dough. Large cutters that are wide work best.
5. Transfer onto a lined oven tray then top with tomato paste/ pasta sauce.
6. Add the prosciutto.
7. Next top with the zucchini.
8. Cover with cheese.
9. Re-roll the rest of the dough and make another lot!
10. Bake for 12 minutes at 200 degrees Celsius.



