



# Bendigo Special Developmental School

*"A place of excellence in education that creates inclusive communities and success for all"*

Newsletter # 17 – Friday 11 November 2022

26-32 Lockwood Road,  
Kangaroo Flat, Victoria 3555  
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T: (03)5447 3267 F: 5447 7286  
Principal: Kirshy McAinch  
Assistant Principal: Dehne Anstee  
School Council President: Leah Thomas  
f @bendigospacialdevelopmentalschool

## TERM DATES 2022

<b>Term 4, 2022</b> <b>Monday 03<sup>rd</sup> October - Tuesday 20<sup>th</sup> December</b>	<b>Term 1, 2023</b> <b>All students start on Monday 30 January 2023</b>
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## IMPORTANT DATES

Friday	11 <sup>th</sup> November	<ul style="list-style-type: none"> <li>Remembrance Day</li> </ul>
Thursday	17 <sup>th</sup> November	<ul style="list-style-type: none"> <li>Parent-to-Parent Meeting at Kangaroo Flat Library <i>Topic: Future planning, independent living skills</i></li> </ul>
Thursday	17 <sup>th</sup> November	<ul style="list-style-type: none"> <li>Finance Meeting at 2 pm</li> </ul>
Monday	21 <sup>st</sup> November	<ul style="list-style-type: none"> <li>School Council meeting at 7 pm</li> </ul>
Thursday	24 <sup>th</sup> November	<ul style="list-style-type: none"> <li>Professional Practice Day <b><i>NO school for students</i></b></li> </ul>
Friday	2 <sup>nd</sup> December	<ul style="list-style-type: none"> <li>International Day for People with Disabilities</li> </ul>
Thursday	8 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Graduation Day for our Class of 2022 students</li> </ul>
Thursday	8 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Finance Meeting at 2 pm</li> </ul>
Friday	9 <sup>th</sup> December	<ul style="list-style-type: none"> <li>SOG – Student Support Groups <b><i>Students only attend for parent/teacher interviews on this day. Normal classes will not be running.</i></b></li> </ul>
Monday	12 <sup>th</sup> December	<ul style="list-style-type: none"> <li>School Council Meeting at 7 pm</li> </ul>
Tuesday	13 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Whole School Transition</li> </ul>
Wednesday	14 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Basket Tea from 5 to 7 pm <i>Further information to follow</i></li> </ul>
Thursday	15 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Parent-to-Parent Meeting at Kangaroo Flat Library <i>Topic: Supported Guardianship and Administration orders</i></li> </ul>
Monday	19 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Last day of school for all students</li> </ul>

Our Values



Driving learning  
growth

Valuing diversity with  
kindness and respect

Uniting to achieve  
excellence

Ensuring equity  
of opportunity



## PRINCIPAL'S REPORT



### REMEMBRANCE DAY

Today, a number of our senior students took part in the Kangaroo Flat RSL's Remembrance Day Service with other schools and the wider community.

Our student leaders read a passage alongside representatives of other schools and laid a wreath on behalf of the school community.

As we have come to expect, our students represented themselves and our school so well, and demonstrated outstanding respect for the occasion.

### SAVE THE DATE - **BASKET TEA** - WEDNESDAY 14th DECEMBER

It's hard to believe that we are nearly at that time of the year again!

Please remember to put **Wednesday 14th December** on your diaries as we will be holding **our annual Basket Tea** to celebrate the end of the year as a school community.

We will once again be visited by Santa on his motorbike, ably supported by many elves on their motorcycles.

The Kangaroo Flat Rotary club will be donating lollies and donuts for all of the children (I'm sure there may be some for the big kids too), and as our students have been practicing their performance skills in their Dramatic Arts classes this term, there may also be a performance to top the night.

Please bring along your own tea and join us from 5-7pm on Wednesday 14th December

### TRANSITION

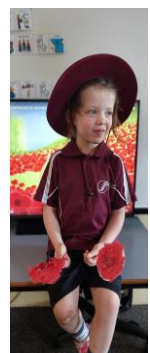
With the end of the year hurtling towards us, we are about to commence our transition processes for 2023.

This will look different for our different cohorts, but teachers are ensuring that all of the specific information, unique to each student, is captured in our documentation should they be having a change of teacher next year.

We are still finalising our teaching team for 2023, and as such, no final decisions about class placements have been made as yet, however they will be in place for the statewide transition day on Tuesday 13th December.

If you have any questions about this process, please don't hesitate to contact me.

**Kirshy McAinch**  
**Principal**





## BUSES



BUS	DRIVER / CHAPERONE	TELEPHONE
Heathcote	Gary & Jodie	0435 900 890
Huntly	Helen, Nicole & Chloe	0428 261 802
Fryerstown/Castlemaine	David & Debbie	0409 421 500
Kyneton	Steve & Joanne	0428 236 271
Lockwood	David & Kim	0428 271 824
Strathfieldsaye	Steve & Joy	0427 287 843
Serpentine	Peter & Janine	0497 663 736
Spring Gully	Chris & Heather	0428 159 660
Wedderburn	Cathy & Michelle	0466 367 656



## BIRTHDAYS



14 November	<b>Kyra</b>	Room 23	16 November	<b>Patsy</b>	ESS
17 November	<b>Kane</b>	Room 13	20 November	<b>Jo</b>	ESS
22 November	<b>Rose</b>	Room 1	23 November	<b>Eadweard</b>	Room 8/9
24 November	<b>Alba</b>	Room 22	24 November	<b>Rachel</b>	Room 17/18
25 November	<b>Maisie</b>	Room 19			





## PARENT-TO PARENT MEETINGS COMING UP



Dear Families,

Meg and Drew would like to invite to their upcoming Parent-to-Parent meetings.

They have planned 2 interesting information sessions planned, so if you're interested, please come over to the **Kangaroo Flat Library** (entrance on the right side of the building), **have a cuppa and learn together**.

### **SESSION 1 ON THURSDAY 17 NOVEMBER AT 09.00 AM**

#### **HEARTH /BSDS PARTNERSHIP**

Now that your young person has managed a sleep over at school are you ready to think about further options of helping your young person develop Independent living skills? Come and have a casual chat about some exciting new options coming our way.

Thinking through future planning needs us to be thinking 5+years ahead, if we want to develop the skills, the team, the supports and funding to hit our targeted outcome. A respite house now becoming available in Kangaroo flat.

The experienced team at Hearth will join our BSDS team to chat over a cuppa and answer questions.



Office of the Public Advocate

### **SESSION 2 ON THURSDAY 15 DECEMBER AT 09.00 AM**

The **OFFICE OF PUBLIC ADVOCACY** will be returning and following up on where we left our last session.

More discussion around:

- Supported Guardianship and Administration orders
  - The responsibilities of a supported decision maker
  - How to work with organisations around your role as parent/guardian of a young person with an I.D
- Session Specifically tailored for the needs of our students

If you missed the first session call Meg/ Drew and we can send you some information.

We are wanting to present some specific questions and case studies, so please send them to

[Meaghan.holmes@education.vic.gov.au](mailto:Meaghan.holmes@education.vic.gov.au) so Katie and Carissa can be prepared.

Our two online speakers and their background are listed below.

Carissa has worked at OPA since 2018 and is in the Advocate Guardian program. She is the delegated guardian for a number of adults, of various ages, who have a cognitive disability across Victoria. Carissa's background is as a social worker, she worked in a number of public hospitals and in various clinical areas.

Katie has had extensive experience working in both the training and in the disability field. Within the disability field, Katie worked at DHHS as a Behaviour Support Practitioner, worked at NDIS as a planner and now at OPA firstly on the Advice Service and now as the Education and Engagement Officer.

This session will be recorded for those who really cannot attend. If you have some specific questions or would like some more information please contact Drew or Meg on the school number.

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## WELLBEING SUPPORT TEAM – BOOK LAUNCH

### KAREN O'SULLIVAN: IF I CAN, YOU CAN

*If I can, you can* is a love story, and the life story of Hayden Walsh, a 30-year-old Kyneton man who lives with cerebral palsy. Hayden is a partner, father and disability advocate whose life journey has been filled with physical, mental and emotional challenges. With an infectious smile and contagious zest for life, Hayden has overcome countless hurdles becoming a role model and inspiration for those he encounters. Come along and meet Hayden and author Karen O'Sullivan.

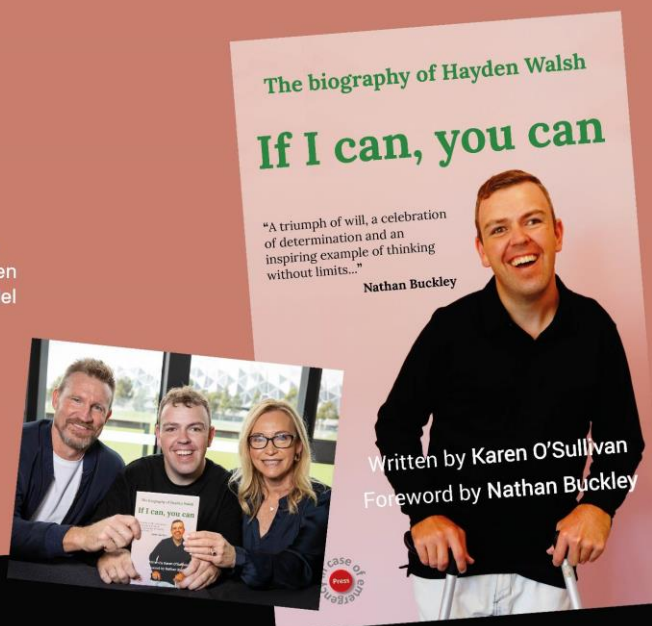
Book sales and signings.

**THU 1 DEC, 10-11AM**  
**KANGAROO FLAT LIBRARY**

Book online at  
[www.goldfieldslibraries.com](http://www.goldfieldslibraries.com)



Libraries  
Change Lives



## SWPBS NEWS

### School-wide Positive Behaviour Support (SWPBS)



#### Acknowledgment:

Our PLC of the month for October was PLC 1 (Rooms 1 - 5)! They did a fantastic job of acknowledging the positive behaviours that our students demonstrate day in, day out.

As a result, students received a hot chip lunch last Friday which was thoroughly enjoyed (by staff as well).

Moving forward we will be trialling a different way for each PLC to earn their hot chip lunch. Rather than competing against each other, each month, PLC's will continue to collect bullion until they reach a total of 2 per student, per PLC. This means that each PLC has different targets and will be able to work towards their reward without the expense of other PLCs missing out.

We look forward to seeing how PLCs go with the new format for earning PLC level rewards.

Hamish Morcom  
SWPBS Coordinator and occupational therapist

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## MORE NEWS FROM OUR WELL-BEING TEAM



### Promoting Safety Online



Hello to all parents, carers, and families 😊

This week we wanted to put out a reminder about being safe online and promoting healthy online habits. Parents and carers play a pivotal role in helping our young people to develop digital intelligence – meaning the social, emotional, and practical skills needed to successfully navigate the digital world.

There are many fantastic uses for devices and the internet in giving us a platform to learn more about different topics, being able to connect with people far away and even being able to engage in fun games and activities. However, even with all this upside it does still present different challenges that can be difficult for our young people to navigate or understand. These challenges can include Cyber Bullying, exposure to pornographic material, addiction to devices and grooming to name a few.

As parents/carers we have a responsibility to help our young people learn about the digital world and support them through these challenges. Luckily, there are some things that can be done to support your young person's digital intelligence and create a safe online environment for them to engage in. It must be mentioned that no parental control is 100% effective but helping your young person to build good online safe habits is extremely important.

#### Things that you can do:

- Set healthy boundaries for time spent on devices. Gaming addiction is a disorder that has been newly added to the Mental Health Diagnostic Manual after an extreme rise in prominence over the last 10 years. It is recommended that young people spend no more than 2 hours a day on devices for their health and wellbeing.
- Use parental controls to monitor and limit what your child sees and can do online. This can be a good conversation to have with your young person as to why certain things are being monitored. This includes restrictions such as blocking certain websites, apps or functions.
- Learn about what apps or games your young person is using and if they have chat functions or the ability to access strangers.
- Promote conversations with your young person about online safety, letting them know that you are there to help.

If you would like to find out more information about Cyber Safety or how to implement safe online practices in your home, head to the E-Safety website <https://www.esafety.gov.au/parents/issues-and-advice/parental-controls>

Have a great weekend 😊

Drew Barrett (Mental Health Practitioner) & Meg Holmes (Family Support)  
The Wellbeing Team





**Bendigo Special  
Developmental  
School**



**CLASS  
OF  
2022**  
***Graduation Lunch***

**Thursday 8<sup>th</sup> December  
2022**

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## THANK YOU EVERYONE!



Our school community is truly amazing! It is wonderful to share that our **Billy G's Gourmet Cookie Dough** fundraiser was a huge success!

It is fantastic to see the spirit and enthusiasm that was displayed in supporting our school. We sold a whopping 568 tubs and raised \$2272, which will go toward our switches and communication resources.

Incentive prizes and cookie dough was distributed over the last couple of days by our dedicated 'Fundraising Team' and staff members.

Again, our most sincere thanks for your support and fundraising efforts. We couldn't have done it without you!

Happy baking everyone!

Claire & the Fundraising Team







## SPOTLIGHT ON ROOM 8/9

Room 8/9 have been learning about Australian coins this semester.

Last term, a food "shop" opened in our class where students needed to "buy" ingredients for the next day's cooking session.

Students explored poster sized visuals of different coins and were encouraged to match the coin they were given to the poster in order to purchase an ingredient such as flour, sugar, eggs etc. We had such a great time playing shops, we thought we would open **"The Low Low Treasure Co"**.

We invited students from the junior and student engagement classrooms to come and practice their money skills by "purchasing" some items.

I have to say it's been a great success so far with Room 8/9 "Shopkeepers" using their switches to inform their customers about the pricing, and the customers using Bendigo SDS values such as acting safely, being their best and showing respect while browsing and making their purchases.





## ROOM 13 VISITING ROOM 8/9

Room 13 were thrilled to be able to visit the Room 8/9 pop up toy shop last Wednesday. We all had the chance to exchange money for items of interest.

Kim used the PODD book to guide students throughout the experience and room 8/9 students used switches to communicate with their peers. We all came away with some lovely new toys for Room 13.

**THANKS ROOM 8/9 STAFF AND STUDENTS.**



## OSHC NEWS

### What's been happening at OSHC...

At OSHC we have begun getting the children to assist with cooking/making their own afternoon tea on a Thursday.

Over the past fortnight the children have cooked Pin wheels and toasted sandwiches.

It's been a great way to build up the children's independence, life skills and work on their food safety.

The children really take pride in assisting cooking their afternoon tea and it's great to see them strive towards more independence each week.

At OSHC we will continue to provide the children with the amazing opportunity such as this.







## PLC 2 SLEEPOVER



### PLC 2 Sleepover

We had a great time sleeping over at school! We had a treasure hunt, a disco and ate pizza and chips with our friends from PLC 1. After they went home we watched a movie and went to bed in our classrooms! It was fun waking up at school and having breakfast with our friends.

Our teachers were amazed at how well we all slept 😊



# 3.11.22





## ROOM 22 – TRIP TO THE AIRPORT

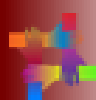
Room 22 went out and about for Outdoor Ed and Community Access last week.

Practising how to 'Act Safely' getting on and sitting In the bus.

Students enjoyed a trip out to the Bendigo Airport where they were able to see many helicopters and planes waiting to take off!



READY FOR TAKE-OFF?







## RECIPE OF THE WEEK – BANANA BREAD

# BANANA BREAD



### INGREDIENTS

- 2 to 3 medium very ripe bananas peeled (about 1 1/4 to 1 1/2 cups mashed)
- 1/3 cup (76g) butter, unsalted or salted, melted
- 1/2 teaspoon baking soda (bi carb)
- 3/4 cup (150g) brown sugar
- 1 large egg, beaten
- 1 teaspoon vanilla extract
- 1 1/2 cups (205g) all-purpose flour

### TIME TO PREPARE AND BAKE

1. Preheat oven to 175 degrees Celsius
  2. Mash bananas thoroughly.
  3. Add butter, egg, vanilla and sugar and mix well.
  4. Fold in flour and baking soda.
  5. Pour into lined or greased loaf tin.
  6. Bake at 175deg for approx. 55 minutes.
- TIP: put a skewer or knife in the middle. When it comes out clean, your Banana Bread is ready.

### ENJOY!

- Gluten-Free Option: simply replace the flour with a Gluten Free flour
- Also bakes well into Muffins





## SUMMER IN THE PARKS CALENDAR 2022-2023



### DECEMBER

DATE	EVENT	TIME	LOCATION	CONTACT DETAILS
2 Friday	Light up of the Christmas Tree <b>FREE</b>	6.30pm - 9pm	Piazza, Rosalind Park	1300 555 727
3 Saturday	Heathcote Christmas Carols <b>FREE</b>	7pm - 9pm	Barrack Reserve, Heathcote	0408 331 135
3 Saturday	Epsom Christmas Carols <b>FREE</b>	4.30pm - 7.30pm	Garden for the Future, White Hills	jandbball@gmail.com
4 Sunday	Malden Gully Christmas Carols <b>FREE</b>	4.30pm - 8.30pm	Malden Gully Oval, Malden Gully	admin@maldengully.com.au
11 Sunday	Axedale Christmas Carols <b>FREE</b>	5.30pm - 8.30pm	Axedale Park, Axedale	axedale3551@gmail.com
18 Sunday	Rotary Club of Bendigo Carols by Candlelight <b>FREE</b>	6.30pm - 10.30pm	Rosalind Park, Pall Mall, Bendigo	www.rotarybendigo.org.au
31 Saturday	New Year's Eve early fireworks <b>FREE</b>	9.15pm	QEO, Bendigo	1300 555 727
31 Saturday	New Year's Eve midnight fireworks <b>FREE</b>	Midnight	QEO, Bendigo	1300 555 727

### JANUARY

DATE	EVENT	TIME	LOCATION	CONTACT DETAILS
6 Friday	Outdoor Cinema <b>FREE</b> <i>Clifford the Big Red Dog</i>	6pm - 8pm	Barrack Reserve, Heathcote	1300 555 727
13 Friday	Outdoor Cinema <b>FREE</b> <i>Sing 2</i>	6pm - 8pm	Coolinda Park, Golden Square	1300 555 727
19 Thursday	Outdoor Cinema <b>FREE</b> <i>Minions: The Rise of Gru</i>	6pm - 8pm	Axedale Park, Axedale	1300 555 727
26 Thursday	Lake Weeroona Australia Day celebrations <b>FREE</b>	Various	Various	www.bendigolandhurstrotary.com.au
26 Thursday	Australia Day celebrations <b>FREE</b>	Various	Various	www.bendigsummerintheparks.com

### FEBRUARY

DATE	EVENT	TIME	LOCATION	CONTACT DETAILS
3 Friday	Music in the Park <b>FREE</b> <i>Kid James Trio</i>	6.30pm - 8.30pm	Garden for the Future, White Hills	www.facebook.com/profile.php?id=100043676838434
10 Friday	Music in the Park <b>FREE</b> <i>Taylor Sheridan</i>	6.30pm - 8.30pm	Crock Street Park, Strathdale	www.facebook.com/taylorsheridan.54
17 Friday	Music in the Park <b>FREE</b> <i>The Grinners and John Grossman Project</i>	6.20pm - 7.20pm 7.30pm - 8.30pm	Canterbury Park, Eaglehawk	www.facebook.com/thegrinnersbendigo
24 Friday	Music in the Park <b>FREE</b> <i>Alli &amp; Andrew</i>	6.30pm - 8.30pm	Garden for the Future, White Hills	www.facebook.com/alliandrewandrew

This schedule is correct as of 4/11/22.

Visit [www.bendigsummerintheparks.com](http://www.bendigsummerintheparks.com) for full event details



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## INFORMATION SESSIONS

Saver Plus pairs you with a savings coach so you can learn tips, tricks and information to grow your budgeting and saving skills. You save for 10 months, then ANZ matches your savings dollar-for-dollar up to \$500.

We'll talk about how it all works, plus who is eligible and how to join.

## MEETING DETAILS

### Kindergarten Parents

Tuesday 15th & Wednesday 16th November 2022

### Prep Parents

Wednesday 16th & Thursday 17th November 2022

### Year 7 Parents

Monday 21st & Wednesday 23rd November 2022

### Year 12 Students

Tuesday 22nd & Wednesday 23rd

**Time:** Times available on registration form (RSVP)

### Zoom Meeting Link:

[https://bsl.zoom.us/j/68016074995?](https://bsl.zoom.us/j/68016074995?pwd=K2d4dWI4WjRMbGRlRng0NGhoVWVZz09)

[pwd=K2d4dWI4WjRMbGRlRng0NGhoVWVZz09](https://bsl.zoom.us/j/68016074995?pwd=K2d4dWI4WjRMbGRlRng0NGhoVWVZz09)

**Passcode:** 027166

## KEY ELIGIBILITY CRITERIA TO JOIN SAVER PLUS

- ☒ Have a current health care card OR pensioner concession card
- ☒ Have a child in school OR be studying yourself
- ☒ Have regular income from work (yourself OR your partner)



### RSVP

Scan the QR code or click the link below to register

<https://forms.office.com/r/zPTAvyaP5e>

[SAVERPLUS.ORG.AU](https://SAVERPLUS.ORG.AU)

1300 610 355

[SAVERPLUS@BSL.ORG.AU](mailto:SAVERPLUS@BSL.ORG.AU)

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

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- Ensuring equity of opportunity



Bendigo Special Developmental School community respectfully acknowledge the Traditional Owners of Country throughout Victoria and pays its respects to the ongoing living cultures of Aboriginal peoples.



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