

Newsletter # 18 - Friday 25 November 2022

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**Principal:** Kirshy McAinch

Assistant Principal: Dehne Anstee
School Council President: Leah Thomas

**f** @bendigospecialdevelopmentalschool

## TERM DATES 2022

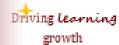
Term 4, 2022 Monday 03<sup>rd</sup> October – Monday 19<sup>th</sup> December Term 1, 2023
All students start on Monday 30 January 2023

## **IMPORTANT DATES**

Friday	2 <sup>nd</sup> December	International Day for People with Disabilities
Thursday	8 <sup>th</sup> December	Graduation Day for our Class of 2022 students
Thursday	8 <sup>th</sup> December	Finance Meeting at 2 pm
Friday	9 <sup>th</sup> December	<ul> <li>SSG – Student Support Groups         Students only attend for parent/teacher interviews on this day. Normal classes will not be running.     </li> </ul>
Monday	12 <sup>th</sup> December	School Council Meeting at 7 pm
Tuesday	13 <sup>th</sup> December	Whole School Transition
Wednesday	14 <sup>th</sup> December	Basket Tea from 5 to 7 pm     Please find the details in this newsletter
Thursday	15 <sup>th</sup> December	<ul> <li>Parent-to-Parent Meeting at Kangaroo Flat Library</li> <li>Please find the details in this newsletter</li> </ul>
Monday	19 <sup>th</sup> December	<ul> <li>Last day of school for all students</li> </ul>







## PRINCIPAL'S REPORT



## STUDENT ACHIEVEMENT CONFERENCES/STUDENT SUPPORT GROUP MEETINGS – FRIDAY 9<sup>TH</sup> DECEMBER

As outlined in the last newsletter, **Student Support Group meetings will be held on Friday 9**<sup>th</sup> **December.** 

Normal class programs will not run on this day.

All carers and parents are able to book a face-to-face interview with your teacher, or you can choose to have a video conference or phone call catch up if that would suit your circumstances more appropriately.

All bookings are made via the website: <a href="https://www.schoolinterviews.co.au">www.schoolinterviews.co.au</a> using the code <a href="https://www.schoolinterviews.co.au">kw8g2</a> (it is case sensitive).

You are also welcome to involve any NDIS therapists or external support and service agencies that work with your family to this meeting.

#### **SEMESTER 2 REPORTS**

Your child's semester 2 report for 2022 will be sent home prior to the 9<sup>th of</sup> December in order to give you time to peruse them before the SSG Day conferences.

Our specialist teachers contribute to the reports about the enriching programs that they run throughout the semester, and whilst they do not undertake SSG interviews as such, if you are interested about a particular skill or activity that they have been focusing on with your child, you are more than welcome to get in contact with them to discuss this further.

You can contact the teacher directly on their email (<u>Firstname.Lastname@education.vic.gov.au</u>) or by alerting your classroom teacher or the office.

#### **CLASSES FOR 2023**

On Monday 12<sup>th</sup> December you will also receive a transition sheet that details your child's teacher, physical classroom space, Professional Learning Community (PLC) and Education Support Staff for 2023.

Considerable planning goes into determining the classes across the school which takes into account many variables that include age, skills, communication methods, interests and social connections.

We also consider teachers and education support staff that have specific areas of skill expertise, and the attributes of the physical environment that support the accessibility of learning for students. Not all students will have a change of teacher, however, if you have, and you would like to make a time to meet with that teacher prior to next year, please contact the school.

Students will have a half day whole school transition on Tuesday 13<sup>th</sup> December 2022, with their new teacher and classmates.

## INTERNATIONAL DAY OF PEOPLE WITH DISABILITY (IDPWP)

Next Friday 2<sup>nd</sup> December, our school will be celebrating International Day of People with Disability.

The day is designed to challenge the way you think about disability and help grow a more inclusive Australia.

The 2022 UN theme is:

'Transformative solutions for inclusive development: the role of innovation in fuelling an accessible and equitable world'.

Almost one in five people, or 4.4 million Australians, have a disability. IDPwD is an opportunity for us have a conversation about the issues and experiences of people with disability to challenge misconceptions and break down barriers in our society. The students will be taking part in a range of super fun activities and celebrating themselves and each other!



## SAVE THE DAY – BASKET TEA AND SPECIAL VISITOR

We are looking forward to celebrating the resilience and strength of our school community at the end of another tough year with our traditional Basket Tea on Wednesday 14th December between 5pm and 7pm.

Families are asked to bring their own tea and come and join in some fun and cheer with a very special guest arriving with his elves on motorbike at 6pm with some treats to share amongst our students and their siblings.

#### Kirshy McAinch Principal







## Bendigo SDS - 2022 Basket Tea

It's that time of year when our school community is invited to come together and enjoy a meal, while sharing in some family fun entertainment provided by the children.

The whole family is welcome, so bring along loved ones to enjoy in the night! There may even be a visit from the man in the red suit!

When: Wednesday 14th December

Time: 5:00pm-7:00pm

Where: Bendigo SDS 'Main Yard' (follow the signs)

BYO: Basket tea and picnic equipment

(i.e. Sandwiches, takeaway, packed dinner, knife & fork, Chair, picnic

rug, soft drink, etc)

We look forward to spending the night with you!





## **BUSES**

BUS	DRIVER / CHAPERONE	TELEPHONE
Heathcote	Gary & Jodie	0435 900 890
Huntly	Helen, Nicole & Chloe	0428 261 802
Fryerstown/Castlemaine	David & Debbie	0409 421 500
Kyneton	Steve & Joanne	0428 236 271
Lockwood	David & Kim	0428 271 824
Strathfieldsaye	Steve & Joy	0427 287 843
Serpentine	Peter & Janine	0497 663 736
Spring Gully	Chris & Heather	0428 159 660
Wedderburn	Cathy & Michelle	0466 367 656





## **BIRTHDAYS**



14 November Hannah M.		ESS	30 November	Tania	Leading Teacher
7 December	Andrea	Room 11/12	8 December	Oscar	Room 1
8 December	Blake	Room 21	8 December	Bleh Hel	Room 21
11 December	Ashley	Room 15	15 December	Caiden	Room 23













### MESSAGE FROM BENDIGO COUNCIL

17 November 2022

Dear Sir / Madam,



#### Increased Mosquito Activity and Threat of Arbovirus in Greater Bendigo Region

I am writing as the City has identified increased mosquito activity in the Greater Bendigo region through its mosquito surveillance program. Some of the mosquito species identified by the surveillance program are capable of carrying infectious diseases. Over the coming weeks, we expect the population of mosquitoes to continue to increase, resulting in a higher risk of exposure to these infectious diseases.

Management of mosquitoes requires a community effort. You can protect your staff and students by encouraging them to do the following:

- Wear loose fitting clothing when outdoors
- Use effective mosquito repellents on exposed skin containing DEET or picaridin

You can increase their protection by:

- Ensuring your buildings are fitted with well-maintained flyscreens or other physical insect barriers
- Removing any stagnant water around your premises to deter mosquito breeding
- Checking any rainwater tanks and water storage devices are sealed or fitted with mesh

If you have identified increased mosquito activity at your premises, I encourage you to engage a licensed pest controller to assist you identify and apply appropriate chemical controls at your site.

Should you identify areas in your neighbourhood supporting the breeding of mosquitoes, please do not hesitate in notifying the City. Together we can minimise the spread of mosquito borne disease in our community.

For more information about how you can protect your students and staff, please see the following resources:

https://www.betterhealth.vic.gov.au/protect-yourself-mosquito-borne-disease https://www.betterhealth.vic.gov.au/health/healthyliving/mosquitoes-protect-yourhome-checklist

Yours sincerely,

Coordinator Environmental Health

Greater Bendigo City Council Address: 15 Hopetoun Street, Bendigo Postal Address: PO Box 733, Bendigo Vic 3552

T: 1300 002 642

requests@bendigo.vic.gov.au W: www.bendigo.vic.gov.au

A.B.N. 74 149 638 164

If you are deaf, hearing or speech impaired, please call us via the National Relay Service on 133 677 or www.relayservice.com.au





### SECOND-HAND UNIFORMS WANTED



Has your child outgrown their school uniform, or do you have any used uniform items lying in a ward robe?

You can help other students by donating your child's pre-loved uniform items to the school.

All sizes are welcome as long as they are in good condition with zippers and buttons working and no holes or large stains.

Thank you very much on behalf of our students and staff.

### SECONDARY SCHOOL IMMUNISATION CATCH-UP

## Secondary School Immunisation Program catch-ups

Secondary school immunisations are provided to students to reduce their risk of contracting preventable diseases and some cancers.

Health advice regarding immunisations recommends students receive the following:

#### Year 7

- Diphtheria, tetanus and pertussis (whooping cough) (one dose)
- Human papillomavirus (HPV) (2 doses 6 months apart).

#### Year 10

Meningococcal A,C,W,Y (one dose).

Due to COVID-19 related interruptions to school-based learning, there are a number of students in years 7 to 12 who may have missed these important vaccines. This puts students at an increased risk of illness.

If your child missed out on their school-based vaccinations, please speak to your GP or local council immunisation service about how they can catch up.

To check if your child is due for any vaccines, refer to their <u>immunisation history statement</u> on the Australian Immunisation Register, using your MyGov account.

If your child is aged over 14, they may need to access their immunisation history statement themselves, through their own MyGov account or the Medicare mobile app.



### PARENT-TO PARENT MEETING COMING UP







Dear Families,

Meg and Drew would like to invite to their upcoming Parent-to Parent meeting which is scheduled on the 15<sup>th</sup> of December at the **Kangaroo Flat Library** (entrance on the right side of the building).

If you're interested, please come over have a cuppa and learn together.



#### **THURSDAY 15 DECEMBER AT 09.00 AM**

The **OFFICE OF PUBLIC ADVOCACY** will be returning and following up on where we left our last session.

More discussion around:

- Supported Guardianship and Administration orders
- The responsibilities of a supported decision maker
- How to work with organisations around your role as parent/guardian of a young person with an I.D Session Specifically tailored for the needs of our students

If you missed the first session call Meg/ Drew and we can send you some information.

We are wanting to present some specific questions and case studies, so please send them to <a href="Meaghan.holmes@education.vic.gov.au">Meaghan.holmes@education.vic.gov.au</a> so Katie and Carissa can be prepared.

Our two online speakers and their background are listed below.

<u>Carissa</u> has worked at OPA since 2018 and is in the Advocate Guardian program. She is the delegated guardian for a number of adults, of various ages, who have a cognitive disability across Victoria. Carissa's background is as a social worker, she worked in a number of public hospitals and in various clinical areas.

Katie has had extensive experience working in both the training and in the disability field. Within the disability field, Katie worked at DHHS as a Behaviour Support Practitioner, worked at NDIS as a planner and now at OPA firstly on the Advice Service and now as the Education and Engagement Officer.

This session will be recorded for those who really cannot attend. If you have some specific questions or would like some more information, please contact Drew or Meg on the school number, 03 5447 3267.

We hope to see you there!
Meg Holmes – Family Support
Drew Barrett – Mental Health Practioner

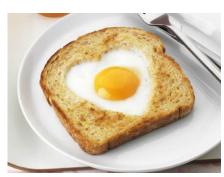


### NEWS FROM OUR WELLBEING TEAM









The thing we sometimes forget in our busy schedules... BREAKFAST!

Hello to all parents, carers, and families,

Well done on getting through another busy week of term 4, it's hard to believe that Christmas is just around the corner.

This week we just wanted to put in a little reminder about making sure we eat breakfast and why this is such an important meal in the day for our students.

We understand that morning routines can be busy and not every morning goes as planned, but one of the most important things that we need to ensure is in our morning routine is eating breakfast. As we wake up in the mornings after a sleep, our bodies have been effectively fasting since the last time we ate. Because of this, our blood sugar levels start to drop overnight and will continue to drop slowly until we eat, which can make us feel as though we are running on empty without much energy. Understandably this can make it difficult to be the best versions of ourselves because we are hungry, irritable, and out of energy.

When our students eat breakfast, it provides the glucose our bodies need for energy to get through the day, and more importantly gives them the energy required to engage in their learning and routines throughout the morning. Eating breakfast as opposed to skipping breakfast has been shown to increase concentration levels, improve levels of energy, support our nutritional intake for the day and decrease irritability.



Increase Concentration



Increase Nutrition

As mentioned, we understand that this task is not always as easy as it may seem. If you need any support to acquire some breakfast foods or support to get your young person eating breakfast, feel free to contact us. We are always happy to help 😊

Have a great weekend and a fantastic week ahead,

#### The Wellbeing Team

Drew Barrett (Mental Health Practitioner) & Meg Holmes (Family Support)



### MORE NEWS FROM OUR WELL-BEING TEAM

## International Day of People with Disability

On Saturday the 3<sup>rd</sup> of December it will be International Day of People with Disability, which is not only a huge international celebration, but is also aimed at increasing public awareness, understanding and acceptance of people with disability.

As this pivotal day in our calendar falls on a Saturday this year, we thought we could celebrate the day as a school a little early on Friday the 2<sup>nd of</sup> December. On Friday 2<sup>nd</sup> of December, we invite students to come to school in casual clothes and participate in 'The Big Picnic' for morning teatime. Staff will be busy giving hairspray makeovers, DJ'ing the Dance Party and coordinating some bubble play. Canteen will be running as usual, and we ask that your student brings in their usual morning tea and lunch.

Permission forms have been sent home for coloured hairspray, if you could have them returned by next week that would be fantastic ©

## The Big Picnic



Date: Friday 2<sup>nd</sup> December 2022

Time: 11:00-11:30

Where: In the student's usual recess play space

Casual Clothes Day! (Wear whatever you like)

Popcorn & Zooper Doopers | Bubble play & Dance Party | Hairspray Makeovers

We invite all students and staff to dress in casual clothes and enjoy some popcorn, hairspray makeovers, creative art, Zooper Doopers and dance party fun!

> Hairspray consent forms will be sent home. Please return these as soon as possible.

Please Note: Canteen and morning tea will be running as usual 👵







### INTRODUCTION OF 'NUDE FOOD' AT BENDIGO SDS

















#### WHAT IS "NUDE FOOD"?

"Nude Food" is a popular term in schools and preschools.

But what exactly is "Nude Food"?

Simply put, it's food without excess packaging. Usually, this means food that is not processed and not wrapped in all sorts of plastic packaging, often making it a healthier and more environmentally friendly option.

### WHY BRING 'NUDE FOOD'?

Reducing packaging has important environmental benefits.

Each year more than \$3,5 million is spend by families of primary school-aged children on individually packed items, collectively throwing away over 1.5 million yoghurt pouches, 3 million small tubs and 11 million zip-lock bags - that's enough zip-locks to cover hundreds of kilometres when laid flat.

Here at **Bendigo Special Developmental school**, we would like to encourage our whole school community, to help us reduce waste by providing 'nude food' lunchboxes, avoid any soft plastic packaging\*\* and use recyclable packaging when 'nude food' can not be achieved.

\*\* Soft plastic packaging will be sent home in your child's lunchbox or bag so you can dispose this at home.





### INTRODUCTION OF 'NUDE FOOD' AT BENDIGO SDS





## **REDcycle Update**

The REDcycle team are continuing to drive solutions for soft plastic recycling in Australia.

We are collaborating with government, industry and business to design a resilient pathway forward, so that Australians can continue to recycle soft plastics.

We're committed to a solution.

### **REDCycle Update**

Due to the
overwhelming growth
of 350% since 2019
and several unforeseen
circumstances,
REDCycle has
temporarily ceased
their operation.
Many people in our
community keep
separating their soft
plastics to prevent it
going into landfill until
the program is up and
running again.





### **OSHC NEWS**

At OSHC we are continuously improving our sustainability within our program by implementing continuous projects such as our vegetable garden, worm farm and sustainability bins.

The children have been busy planting seedlings in our vegetable garden, that we will eventually cook with once the vegetables are fully developed.

It's the children's responsibility to tend to the garden and collect the food scraps from our afternoon tea for the worm farm. It's great to see the children getting involved and showing great initiative with these projects.

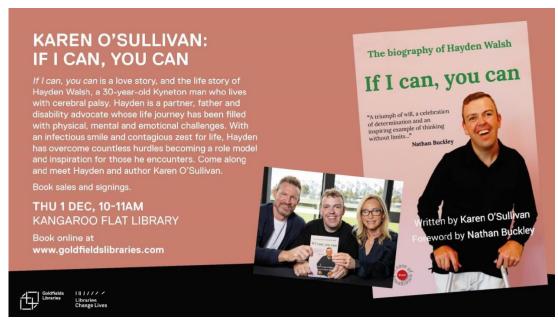








## WELLBEING SUPPORT TEAM - BOOK LAUNCH





Driving learning growth

Valuing diversity with kindness and respect

Upiting to achieve excellence Ensuring equity of opportunity





# Room 12 Kangaroo Flat Library











## PLC 1 & 2 EVENING OF FUN / SLEEPOVER

A few weeks ago, students from our Junior School had a sleepover at school where students in their early years of schooling were having a camp-like experience and participated in activities after school.

These campers had a great afternoon with a variety of fun, outside activities in the sun, before searching the yard for a treasure hunt!

The camp continued into the night with some dancing, yummy dinner, and a movie before tucking up into bed.



























## LETTERS TO SANTA – ROOM 19 & 20







2023

#### WHAT IS ON OFFER?

During the summer and term 1 holidays, Doxa will be running camps in both the city and our bushland camp in Malmsbury. They will cater for children aged 10 to 12 years and will be free for participants registered with the Victorian Government Positive Start Programme.

#### MALMSBURY CAMP

Our Malmsbury Camp is located in an idyllic bush setting in Central Victoria where campers will have exciting outdoor adventures. Onsite there are all sorts of facilities including a giant swing, a climbing wall and trampolines and we visit stand out local attractions such as the steam train.

#### CITY CAMP

Located in the heart of the Melbourne CBD, our City Camp will offer participants the opportunity to discover all the things that our vibrant city has to offer. From the large iconic attractions to the hidden gems of Melbourne's laneways, sporting activities, and even an amazing race, the experience they have will be like no other.

## DATES FOR BOTH OUR MALMSBURY & CITY CAMP

January 9 to January 13 5 days and 4 overnights

January 16 to January 20 5 days and 4 overnights

April 11 to April 14 4 days and 3 overnights

April 17 to April 21 5 days and 4 overnights

#### TRANSPORT

We will provide buses to and from central pick up points at the Southern Cross Station in Melbourne and the regional towns of Ballarat, Bendigo, Geelong and Traralgon or you can pick up and drop off your child from the camp.

## FURTHER INFORMATION AND BOOKINGS

For further information, to book or help to register for a free camp with The Victorian Government Positive Start,

email: info@doxa.org.au or phone: Marianna Anthony on (03) 9046 8200 or see our website: doxa.org.au/holiday-camp/



Driving learning

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at Kangaroo Flat Uniting Church

High Street (opposite ALDI)

Saturday 26th November

from 8am - 1pm

Market Stalls: Mobile Coffee Van; Trash & Treasure; furniture;

Car Boot Sales: h/hold items; Tools; Books; Clothing; Plants; Toys;

**HUGE GARAGE Sale:** Craft; Produce; Jams; Cakes, Slices & much more.

We apologize that we are unable to have the Sausage Sizzle or to provide Devonshire Teas due to the devastating fire in our Church in July.

For all enquiries and site bookings please contact MAX: 5443 1809 / blume\_m@bigpond.com

**COVID-SAFE PRACTICES WILL BE FOLLOWED** 





Bendigo Special Developmental School
"A place of excellence in education that creates inclusive communities and success for all"



#### **DECEMBER**

DAT	E	EVENT	TIME	LOCATION	CONTACT DETAILS
2	Friday	Light up of the Christmas Tree FREE	6.30pm - 9pm	Piazza, Rosalind Park	1300 555 727
3	Saturday	Heathcote Christmas Carols FREE	7pm - 9pm	Barrack Reserve, Heathcote	0408 331 135
3	Saturday	Epsom Christmas Carols FREE	4.30pm - 7.30pm	Garden for the Future, White Hills	jandbball@gmail.com
4	Sunday	Maiden Gully Christmas Carols FREE	4.30pm - 8.30pm	Maiden Gully Oval, Maiden Gully	admin@maidengully.com.au
11	Sunday	Axedale Christmas Carols FREE	5.30pm - 8.30m	Axedale Park, Axedale	axedale3551@gmail.com
18	Sunday	Rotary Club of Bendigo Carols by Candlelight FREE	6.30pm - 10.30pm	Rosalind Park, Pall Mall, Bendigo	www.rotarybendigo.org.au
31	Saturday	New Year's Eve early fireworks FREE	9.15pm	QEO, Bendigo	1300 555 727
31	Saturday	New Year's Eve midnight fireworks FREE	Midnight	QEO, Bendigo	1300 555 727

### **JANUARY**

DAT	E	EVENT	TIME	LOCATION	CONTACT DETAILS
6	Friday	Outdoor Cinema FREE Clifford the Big Red Dog	6pm - 8pm	Barrack Reserve, Heathcote	1300 555 727
13	Friday	Outdoor Cinema FREE Sing 2	6pm - 8pm	Coolnda Park, Golden Square	1300 555 727
19	Thursday	Outdoor Cinema FREE Minions: The Rise of Gru	6pm - 8pm	Axedale Park, Axedale	1300 555 727
26	Thursday	Lake Weeroona Australia Day celebrations FREE	Various	Various	www.bendigosandhurstrotary. com.au
26	Thursday	Australia Day celebrations FREE	Various	Various	www.bendigosummerintheparks.

### **FEBRUARY**

DAT	E	EVENT	TIME	LOCATION	CONTACT DETAILS
3	Friday	Music in the Park FREE Kid James Trio	6.30pm - 8.30pm	Garden for the Future, White Hills	www.facebook.com/profile. php?id-100043676838434
10	Friday	Music in the Park FREE Taylor Sheridan	6.30pm - 8.30pm	Crook Street Park, Strathdale	www.facebook.com/ taylor.sheridan.54
17	Friday	Music in the Park FREE The Grinners and John Grossman Project	6.20pm - 7.20pm 7.30pm - 8.30pm	Canterbury Park, Eaglehawk	www.facebook.com/ thegrinnersbendigo
24	Friday	Music in the Park FREE Alli & Andrew	6.30pm - 8.30pm	Garden for the Future, White Hills	www.facebook.com/ alliandrewandrew

This schedule is correct as of 4/11/22.

Visit www.bendigosummerintheparks.com for full event details







